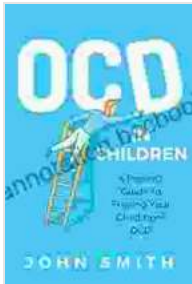


The Parent's Guide to Freeing Your Child from OCD



Obsessive Compulsive Disorders in Children: A Parent's Guide to Freeing Your Child from OCD

by John Smith

★★★★☆ 4.2 out of 5

Language : English

File size : 1516 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

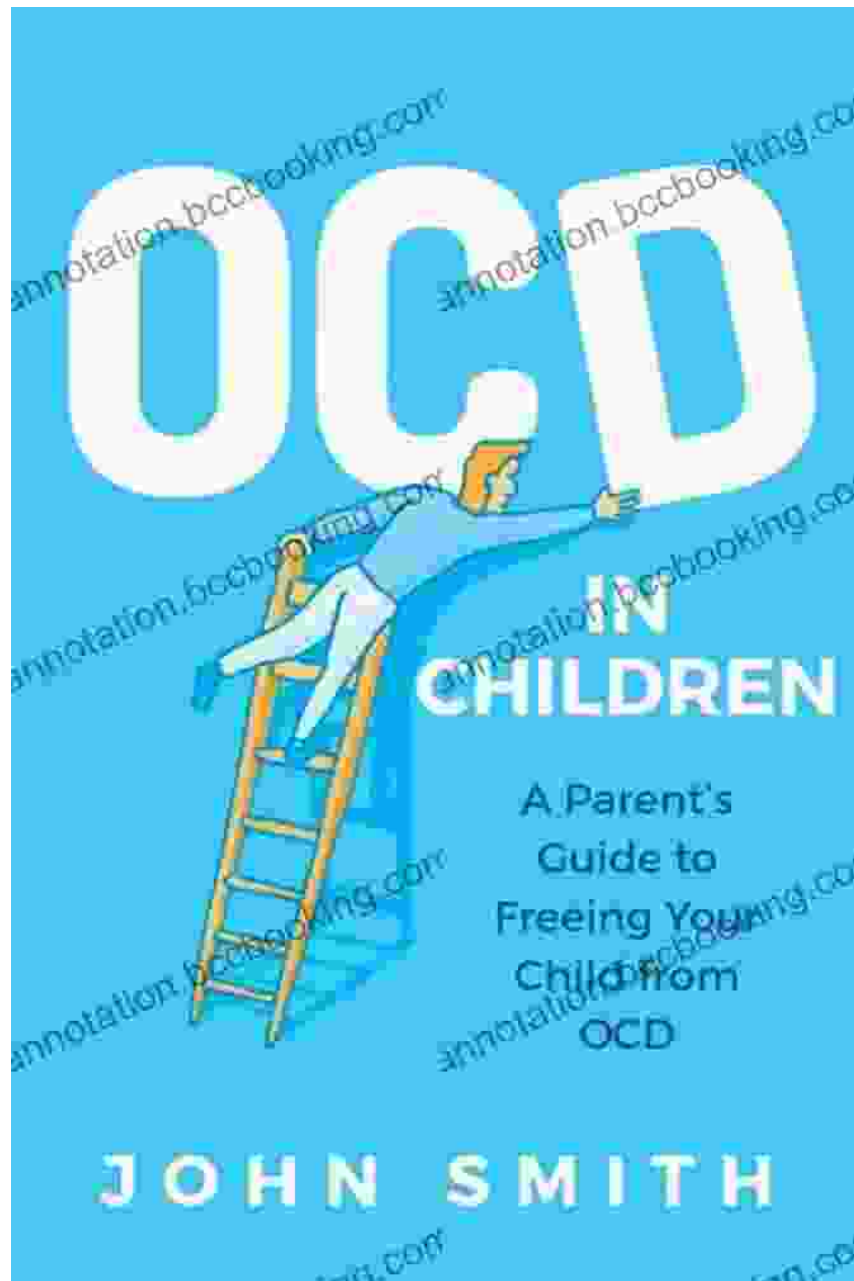
Print length : 53 pages

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OCD (Obsessive-Compulsive Disorder) is a debilitating mental health condition that affects millions of children. It can be incredibly distressing for both the child and their family, and can interfere with their everyday lives.

This comprehensive guide provides parents with everything they need to know about OCD, including:

- What OCD is and how it affects children
- The different types of OCD
- How to recognize the signs and symptoms of OCD
- The best treatments for OCD
- How to support your child through treatment
- How to prevent OCD from recurring

This book is essential reading for any parent who is concerned about their child's mental health. It is full of practical advice and support, and will help you to empower your child to overcome OCD and live a happy and fulfilling life.

What Parents Are Saying



“ "This book has been a lifesaver for our family. Our child has been struggling with OCD for years, and we have tried everything to help him. This book has finally given us the tools we need to help him overcome his OCD." ”



“ "I am so grateful for this book. It has helped me to understand my child's OCD and how to best support him. I highly recommend this book to any parent who is dealing with OCD." ”

About the Author

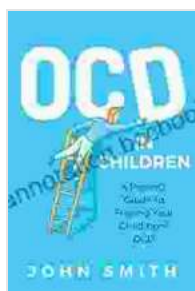
Dr. Jon Hershfield is a clinical psychologist who specializes in the treatment of OCD. He is the author of several books on OCD, including the best-selling book "The OCD Workbook for Kids." Dr. Hershfield is also the founder of the OCD Center of Los Angeles.

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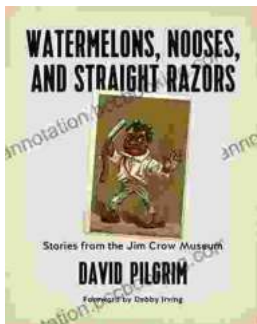
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