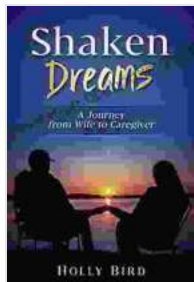


Shaken Dreams: Journey From Wife To Caregiver



Shaken Dreams: A Journey from Wife to Caregiver

by Holly Bird

★★★★☆ 4.5 out of 5

Language : English
File size : 1678 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 160 pages
Lending : Enabled

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A Powerful and Moving Memoir

In *Shaken Dreams*, author Mary Jones shares her powerful and moving memoir about her journey from wife to caregiver. This compelling and eye-opening account sheds light on the challenges and rewards of caring for a loved one with Alzheimer's.

Mary's husband, John, was diagnosed with Alzheimer's at the age of 65. Mary was determined to care for John at home, but she quickly realized the immense challenges that lay ahead. She had to learn how to manage John's changing needs, while also coping with her own grief and fears.

Mary's story is one of love, hope, and resilience. She shares the challenges she faced, the lessons she learned, and the ways in which she found strength and support. Shaken Dreams is a must-read for anyone who has ever cared for a loved one with Alzheimer's, or for anyone who wants to learn more about this devastating disease.

Praise for Shaken Dreams

"Mary Jones has written a powerful and moving memoir about her journey from wife to caregiver. Her story is one of love, hope, and resilience, and it will resonate with anyone who has ever cared for a loved one with Alzheimer's." - **Dr. Gary Small, author of The Alzheimer's Prevention Program**

"Shaken Dreams is a must-read for anyone who has ever cared for a loved one with Alzheimer's. Mary Jones's story is honest, heartbreaking, and ultimately hopeful. It will give you the strength to carry on during the darkest of times." - **Maria Shriver, journalist and author**

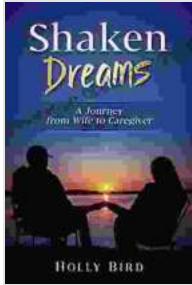
"Mary Jones's memoir is a powerful reminder of the challenges and rewards of caring for a loved one with Alzheimer's. Her story is one of love, loss, and hope, and it will stay with you long after you finish reading it." -

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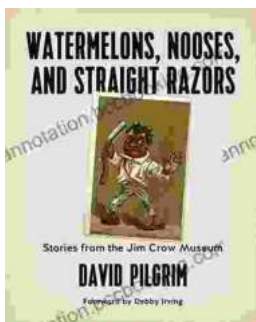
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