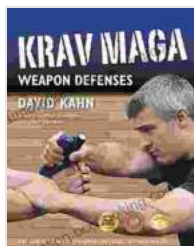


Krav Maga Weapon Defenses: The Ultimate Guide to Defending Yourself Against Knives, Sticks, and Guns



Krav Maga Weapon Defenses: The Contact Combat System of the Israel Defense Forces by David Kahn

★ ★ ★ ★ ☆ 4.6 out of 5

Language : English

File size : 155526 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 314 pages

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Krav Maga is a self-defense system that was developed in Israel. It is known for its effectiveness and simplicity, and it has been adopted by law enforcement and military organizations around the world.

Krav Maga Weapon Defenses is a comprehensive guide to defending yourself against knives, sticks, and guns. This book will teach you how to use your body as a weapon and how to disarm your attacker.

With step-by-step instructions and clear illustrations, Krav Maga Weapon Defenses will help you stay safe and protected.

What You'll Learn in This Book

- How to defend yourself against knives

- How to defend yourself against sticks
- How to defend yourself against guns
- How to disarm your attacker
- How to stay safe and protected

Who Should Read This Book

Krav Maga Weapon Defenses is a must-read for anyone who wants to learn how to defend themselves against weapons. This book is essential for law enforcement officers, military personnel, and anyone else who is at risk of being attacked with a weapon.

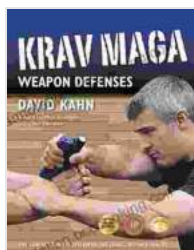
About the Author

Eyal Yanilov is a Krav Maga instructor and author. He has over 20 years of experience in Krav Maga, and he has taught self-defense to law enforcement officers, military personnel, and civilians.

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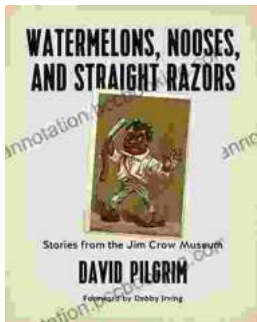
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